

Treejumpers 3 Day Residential Kit Guide

Clothing to be worn:

Underwear
T-shirt
Socks
Old non-denim trousers
Fleece/ sweatshirt/ Pullover
Trainers/ Walking boots

Packed in bag: (rucksack if possible but not essential)

2 x T-shirts
2 x pairs socks & underwear
1 x thick socks
2 x sets of rough clothing
1 x waterproof jacket
1 x waterproof trousers
1 x cap/ sun hat
1 x pair of old trainers
1 x fleece/ warm sweater
1 x pair of shorts
1 x pair of old trousers (non-denim)

Emergency clothes: (sealed in a bin liner)

Underwear, T-shirt, socks, tracksuit
Toiletries:
Wash bag
Toothbrush and paste
Soap/ shower gel
Flip flops (for showers)
Sun screen & insect repellent
First Aid Kit (plasters, crepe bandage, any personal kit)
Any other medication to be given to teacher in charge and clearly labelled

Other

Sleeping bag
Sleeping roll mat (optional)
2 x strong bin liners
1 x pair of pyjamas / tracksuit to sleep in
1 x medium-sized towel
Small notepad & pen
Pocket money (max £25)
Torch and spare batteries
Knife, fork, spoon, plate, bowl and cup

Mobile phones, electronic games and personal stereos may be brought but they will have to be left in tents during the day and are not to be used during silent hours (10:30 pm – 7am)